

Centered Riding Clinic with Margreet Boumeester June 22-25, 2017

Located at Partridge Horse Hill, 531 Hwy 35, Pontypool, Ontario

Margreet Boumeester is a Level 4 Centered Riding Instructor from the Netherlands. She also has many other credentials and experience with saddle fit, cranial sacral, and massage therapy. She is an expert at helping riders find better position and balance.

There are 2 options for this clinic:

1. **Instructor Update:** If you are a Centered Riding Instructor and wish to complete an update you can attend this clinic as an update. The course is 4 days.
2. **Open Rider:** If you would like to learn about centered riding you can attend the clinic as an Open Rider. You have the option of coming all 4 days or for just two days You will be coached by Margreet and also the instructors that are doing the update.

Agenda:

- **08.30 – 09.00** First day introduction of participants and the other days will be questions about the day before teaching and riding.
- **09.00 – 10.45** Body awareness exercises, ball, trampoline, Alexander technique, Centered Riding , biomechanics of the horse and rider.
- **10.45 – 11.00** Saddling first group riding
- **11.00 – 11.45** Riding First group of instructors (max of 4)
- **11.45 – 12.30** Riding second group instructors (max of 4)
- **12.30 – 1.30 Lunch**
- **1.30 – 2.15** Riding open clinic riders (max 4)
- **2.15 – 3.00** Instructors teaching the Open Clinic Riders (group 1)
- **3.00 – 3.45** Instructors teaching the Open Clinic Riders (group 2)
- **3.45 – 4.30** Riding (can either be an instructor group or Open clinic group (max of 4)
- **4.30** Wrap Up
- **6pm Optional BBQ** for \$10 (Saturday only)

Item	Your Running Total
<p>Instructor Update: \$500 Includes 4 day course, your materials, and use of one of our horses.</p> <p>Open Rider Clinic, all 4 days: \$500 - if you are an NHA member you can register for \$400 as an open rider This is if you are not completing an instructor update and are coming for the learning and riding lessons. You receive extra riding time because you are coached by both Margreet and the instructors doing the update.</p> <p>Open Rider Clinic, weekend only: \$300</p> <p>Open Rider Clinic, Thursday/Friday only: \$200 If you would like to bring your own horse you can. If you need to use a stall the cost is \$10/day.</p>	

Optional Saturday evening BBQ \$10	
Optional Stall \$10/day, or \$40 for the clinic covers arriving a day early and/or staying a day late If you would like use of a stall please reserve a stall for each day.	
Optional Lunch \$30 for the 4 days, or \$15 if doing just 2 days Likely will be sandwiches, fruit, salad, and something sweet. Please specify here if you have any dietary restrictions:	
Extra Auditor Pass: (Optional if you have someone that wants to come watch and take part in the body work exercises) \$100 for all 4 days, specify quantity _____ \$30 for one day, specify quantity _____ NHA members audit for free	
Subtotal	
No tax	
Total	

Your Information

- **Your full name:** _____ **DOB (if junior):** _____
- **Email:** _____ **Phone:** _____
- **Person to Contact in case of emergency:** _____ **Phone:** _____
- **Your riding/ your horse's level:** _____

I acknowledge have read and understand the guidelines/rules, refund policy, and Partridge Horse Hill/Lindsey Partridge/Host rules. I will complete/review the liability waiver and social media form _____ (initial) (see next page)

Guidelines/ Rules

- Please email this form and an etransfer for the deposit to nhassociation@gmail.com
- If mailing, send cheques for payment to Natural Horsemanship Association, 204 King St W, Uxbridge, Ontario, L9P 1B2
- Payment and Refund Policy: For this clinic because Margreet is coming from the Netherlands, we require 15% non refundable deposit at time of registration and full, final payment by January 31st (if you register after January 31st then we require full payment at time of registration).
- You can transfer your clinic spot to another suitable rider and receive a full refund less a \$15 admin fee at any time. In the event your horse goes lame and is unable to ride, but you still want to ride, you will be provided a Partridge Horse Hill horse to ride free of charge.
- Please check in to registration by 8:30am on the day of the clinic.
- Park in designated areas only
- Please clean up after yourself and your horse.
- Rented stalls/paddocks need to be mucked out after use
- The clinic will be held indoors as needed.
- All participants are responsible for their own safety and the safety of their horse.
- Natural Horsemanship Association, Partridge Horse Hill, Lindsey Partridge, the host facility, staff, volunteers, family and friends are not responsible for lost or damaged equipment. Please be responsible for your belongings.
- You will need to complete a liability waiver for the host facility and Lindsey Partridge. You will also need to complete a social media form.